## Positive Alternatives 2015 - 16 Quarterly Update

**Grantee: NORTH REGION PREGNANCY CENTER** 

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Goal: To support, encourage & assist pregnant women to carry to term and in caring for their babies after birth (could include

an adoption plan)

For the period: October 1, 2015 to December 31, 2015

Activity or Service	Activity or Service  Description  Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide guidance and train grant staff; complete grant forms; attend grant meetings		Attended grant meeting, checked volunteer's work, had site visit, attended grant webinar,	
Outreach	Advertise center programs; make contacts with com- munity stakeholders keeping them informed of center programs		Spoke at a parents of teens informational forum, spoke to a local youth group	
Car Seat Program	Enroll clients in car seat education program; provide incentives	1	4 women took class and earned points to use for incentives	4
Case Management Services	Provide follow-up for women who test positive for pregnancy through office contact, home or hospital visits	10	6 women were contacted by phone. 1 visited at the hospital and 2 were met at another location.	10

Activity or Service	Activity or Service  Description  Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Crib Distribution/ Sleep Safety Education	Provide safe sleep education and opportunity to earn pack-n-play in an incentive program	1	6 women took safe sleep unit (of 4 classes) and 3 earned a Pac-n-play. The other 3 used their points on other items.	6
Education Assistance	Provide intake assessment; encourage and assist continuing education planning by maintaining a client workstation and current educational resources	3	2 new clients were encouraged to look into continuing education and both used work station.	2
Employment Assistance	Provide intake assessment; assist job search by maintaining computer workstation and facilitating connection with DEED office	3	2 new clients were encouraged to seek jobs. 1 used computer station and both went to the DEED office.	2
Financial Assistance	Evaluate client need; provide assistance in applying for financial aid with community agencies	1	1 long term client was encouraged to apply for help from other agencies. She received forms.	1
Housing Assistance	Evaluate client need for housing; provide computer workstation for housing resources; assist as needed	2 per year	Everyone had good housing this quarter	0
Life-Skills Education Program	Evaluate client skill level; provide life-skills education curriculum as needed in an incentive program	2	2 clients took 20 different living skills classes including; checking accounts, budgeting, house cleaning, relationship, and drug use.	2

Activity or Service	Activity or Service  Description  Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Material Support	Provide material support of baby and maternity clothes and diapers	8	10 different women received diapers, wipes, crib sheets, sleep sacks, thermometers, boppy pillows and clothing from us.	10
Nutrition	Provide prenatal vitamins to clients testing positive for pregnancy; provide nutrition classes; encourage WIC participation	6	4 women were given WIC info and started. 4 women took nutritional classes. And 2 women received vitamins.	10
Parenting Education	Provide intake assessment; parenting education lessons with ongoing assessment in an incentive program	10	10 women took 38 different parenting classes.	38
Pregnancy Education	Provide intake assessment; pregnancy education lessons with ongoing assessment in an incentive program	10	5 women took 20 different pregnancy classes.	20
Provide Necessary Services Assessments Only	Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services	1	All new clients started classes	0
Transportation	Provide gas cards to women for healthy activities such as dr. or WIC visits, job or educational opportunities	5	13 women received gas cards. They needed them to get to work, WIC, their medical appointments and to take EWYL classes.	13

Maternal and Child Health Initiative Task Force Strategies	
Number of women who received car seats and car seat safety education from a PA funded program activity	0
Number of women who received car seat safety education only from a PA funded program activity	4
Number of women who received child abuse prevention education from a PA funded program activity	5
Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity	6
Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity	3
Number of women who received sleep safety education only from a PA funded program activity	3

Challenges: Working with mothers just out of jail or drug rehab.

Comments: It was an extremely busy quarter for us. Both local factories had layoffs and 18 clients came in for 348 classes!!! We had to adapt and teach some small groups together.